



## CONNOR'S HEROES VOLUNTEER OPPORTUNITIES

Do you have 2 hours to give . . . each week, each month, each year? Connor's Heroes has a place for you!!

We currently have 4 programs to support children with cancer and their families. Each of these programs offers unique volunteer opportunities as noted below. Additionally, we have numerous fundraising events and other administrative tasks where volunteers are needed. Just put a check (✓) on each line that interests you. Don't forget to provide your contact information on the last page!

### PROGRAMS:

\_\_\_\_\_

#### Bags and Backpacks

- Solicit donations from wishlist
  - Coordinate backpack drive through schools, churches, civic organizations, etc. \_\_\_\_\_
  - Have a party where guests are asked to bring items for backpacks in lieu of hostess gift \_\_\_\_\_
- Help assemble bags and backpacks \_\_\_\_\_
- Help shop for inventory \_\_\_\_\_
- Help transport to hospital \_\_\_\_\_
- Serve on planning committee \_\_\_\_\_

\_\_\_\_\_

#### Bone Marrow Transplant Unit Support

- Decorate a pediatric room prior to pediatric patient's arrival \_\_\_\_\_
- Visit a pediatric patient to deliver gifts on day of transplant and/or day of discharge \_\_\_\_\_
- Serve as a companion for a pediatric patient \_\_\_\_\_

\_\_\_\_\_

#### Computers for Children with Cancer

- Deliver computer to a child with cancer \_\_\_\_\_
- Serve as "geek on call" for patient or Connor's Heroes \_\_\_\_\_
- Serve on planning committee \_\_\_\_\_

\_\_\_\_\_

#### Superheroes and Sidekicks™

- Volunteer to serve as a sidekick to a childhood cancer patient, their sibling, or their parent \_\_\_\_\_
- Serve on planning committee to help organize group social outings \_\_\_\_\_
- Volunteer to deliver lunch to a family at the hospital \_\_\_\_\_

**EVENTS/ACTIVITIES:**

\_\_\_\_\_

**Volunteer Coordinator**

- Organize volunteer list \_\_\_\_\_
- Communicate with volunteers \_\_\_\_\_
- Obtain volunteers for different events \_\_\_\_\_

\_\_\_\_\_

**Administrative Support**

- Spend 2-4 hours one day a week at the Connor's Heroes office in Midlothian helping with filing, database entry, correspondence, and other basic office activities \_\_\_\_\_

\_\_\_\_\_

**Gopher List**

- Be willing to be on an email list to field requests for deliveries, running basic errands, and overall support for programs and special events \_\_\_\_\_

\_\_\_\_\_

**Music for Massey Volunteer - July 25**

\_\_\_\_\_

**Family Festival Volunteer - September 26**

\_\_\_\_\_

**Golf Tournament Volunteer - Fall**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Please list any special skills or talents you can contribute (such as face painting, musical ability, special hobbies, etc. \_\_\_\_\_

\_\_\_\_\_

Please return completed form to:

Connor's Heroes Foundation  
3900 Westerre Parkway  
Suite 300  
Richmond, VA 23233

OR

[lisa@connorsheroes.org](mailto:lisa@connorsheroes.org)